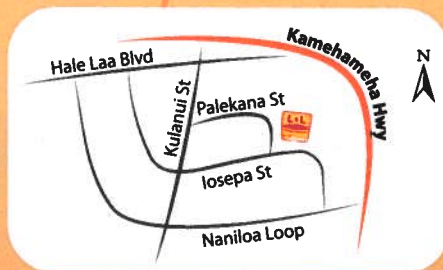


BREAKFAST

- | | |
|---|------|
| 59. Grilled Cheese | 2.85 |
| 60. French Toast | 4.55 |
| 61. Spam/Ham & Egg Sandwich | 4.95 |
| 62. 2 Eggs with
Choice of: Bacon, Pork Link Sausage, or
Portuguese Sausages | 7.25 |
| 64. Omelet with Rice or Toast
Choice of: Spam, Bacon, or Portuguese Sausages | 7.25 |
| 65. Mushroom Omelet w/ Rice or Toast | 7.55 |

SOFT DRINK

- | | | | |
|---|-------------|---------------|-------------|
| Fountain Drinks | (0-275 cal) | Small | 1.95 |
| Pepsi, Diet Pepsi, Pepsi Wild Cherry,
Sierra Mist, Fruit Punch, Root Beer,
Mountain Dew, Raspberry Iced Tea,
Unsweetened Iced Tea, or
Sobe Life Water | (0-440 cal) | Medium | 2.35 |
| | (0-605 cal) | Large | 2.65 |



CATERING



Calorie contents per individual serving • Serving size = 1 piece or 1 scoop

	Small 6-8 servings	Medium 10-15 servings	Large 20-25 servings
BBQ Chicken (180 cal)	27.99	43.99	71.99
Lemon Chicken	27.99	43.99	71.99
Chicken Katsu (350 cal)	27.99	43.99	71.99
Fried Chicken	33.99	51.99	86.99
Garlic Chicken	30.99	48.99	79.99
Orange Chicken	33.99	51.99	86.99
Beef Stew (330 cal)	29.99	47.99	72.99
Beef Curry (350 cal)	29.99	47.99	72.99
Hamburger Steak (530 cal)	29.99	47.99	72.99
Teriyaki Steak (110 cal)	29.99	47.99	78.99
Meat Jun	33.99	51.99	86.99
BBQ Short Ribs (160 cal)	36.99	69.99	99.99
Kalua Pork	36.99	69.99	99.99
Fried Fish (145 cal)	30.99	51.99	88.99
Fried Shrimp (80 cal)	30.99	51.99	88.99
Garlic Shrimp (50 cal)	37.99	69.99	99.99
Vegetable Chop Suey	33.99	51.99	86.99
Fried Rice	25.99	37.99	59.99
Chow Mein	25.99	37.99	59.99
Macaroni Salad (350 cal)	19.99	30.99	45.99
Steamed Rice (150 cal)	15.99	23.99	34.99

AWARD WINNING



BEST PLATE LUNCH



BEST OF HONOLULU



BEST CHEAP EATS

For Store Locations and Franchise Information

1-866-951-9888

www.hawaiianbarbecue.com

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THE ORIGINAL
HAWAIIAN BARBECUE®

Drive Inn #33
Laie Shopping Center
55-510 Kam. Hwy. STE 6
Laie, Hawaii 96762
Tel: (808) 293-8887



Open Hours

Monday-Saturday
10:00 am - 11:00 pm
Closed on Sunday

www.hawaiianbarbecue.com

200 LOCATIONS AND GROWING

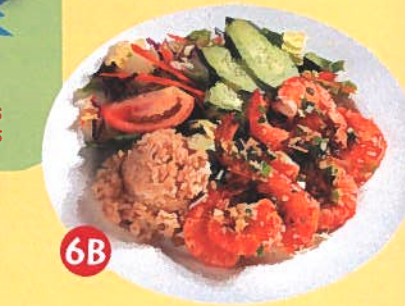


COMBINATION PLATE LUNCH

- | | | |
|---|-------|---|
| 1. MIXED PLATE (705-725 cal)
Hamburger Steak, Teriyaki Steak, and a choice of: Beef Curry or Beef Stew. | 12.95 | 5. NEW YORK STEAK W/
GARLIC SHRIMP COMBO 15.99 |
| 2. BBQ MIX PLATE (630 cal)
BBQ Short Ribs, BBQ Chicken, and Teriyaki Steak | 12.95 | |
| 3. SEAFOOD COMBO (614-754 cal)
Fried Fish, Fried Shrimp, and a choice of: BBQ Chicken, or Teriyaki Steak or Short Ribs (Additional \$1.00 for Short Ribs) | 13.55 | |
| 4. SEAFOOD MIX PLATE (667 cal)
Fried Fish and Fried Shrimp | 13.55 | |

INTRODUCING HEALTHIER PLATES

6. **HEALTHIER PLATES**
1 scoop of brown rice & fresh, tossed greens
- | | |
|-----------------------------------|-------|
| A. BBQ CHICKEN (363 cal) | 7.95 |
| B. GARLIC SHRIMP (273 cal) | 11.25 |



BEST PLATE LUNCH IN HAWAII

Mini: 1 scoop of white rice (150 cal) or brown rice (160 cal); and choice of macaroni salad (350 cal) or tossed green salad (23 cal).
Regular: 2 scoops of white rice (300 cal) or brown rice (320 cal); and choice of macaroni salad (350 cal) or tossed green salad (23 cal).

SEAFOOD

- | | Mini | Reg. |
|--|-------------------|--------------------|
| 7. Shrimp Curry | 8.25
(199 cal) | 12.25
(229 cal) |
| 8. Fried Fish
Fish fillet fried to golden brown for fish lovers, served with tartar sauce. | 8.25
(290 cal) | 12.25
(435 cal) |
| 9. Fried Shrimp
Plentiful of deep-fried shrimp cooked to perfection. In Hawaii, we call it real "ono." | 8.25
(332 cal) | 12.25
(580 cal) |
| 10. Garlic Fish | 8.55 | 12.95 |

CHICKEN

- | | Mini | Reg. |
|--|-------------------|---------------------|
| 11. BBQ Chicken
Grilled boneless chicken marinated in our special BBQ sauce | 7.95
(360 cal) | 10.95
(540 cal) |
| 12. Lemon Chicken | 7.95 | 10.95 |
| 13. Chicken Katsu
Crispy breaded chicken fillet served w/ our famous katsu dipping sauce | 7.95
(700 cal) | 10.95
(1050 cal) |
| 14. Chicken Cutlet
Golden crispy breaded chicken | 7.95
(730 cal) | 10.95
(1095 cal) |
| 15. Fried Chicken | 7.95 | 10.95 |
| 16. Curry Katsu
Chicken katsu topped with our rich L&L curry sauce. | 7.95
(785 cal) | 10.95
(1163 cal) |
| 17. Garlic Chicken | 8.55 | 11.95 |

BEEF

- | | Mini | Reg. |
|--|-------------------|---------------------|
| 18. Beef Stew | 7.95
(300 cal) | 10.95
(590 cal) |
| 19. Beef Curry | 7.95
(350 cal) | 10.95
(650 cal) |
| 20. Hamburger Steak
Homemade hamburger served with gravy... Hawaiian style! You will never find a better hamburger anywhere. | 7.95
(530 cal) | 10.95
(795 cal) |
| 21. Loco Moco
Savory homemade hamburger patties over rice covered with brown gravy and topped with eggs. Served with your choice of salad. | 7.95
(520 cal) | 10.95
(1010 cal) |
| 22. Teriyaki Steak
Thinly sliced BBQ beef marinated with our special L&L Hawaiian BBQ teriyaki sauce. | 7.95
(220 cal) | 10.95
(330 cal) |
| 23. Breaded Veal Cutlet | 7.95 | 10.95 |
| 24. Meat Jun | 8.55 | 11.95 |
| 25. BBQ Short Ribs
Juicy beef short ribs marinated in our house BBQ sauce and grilled to perfection. | 8.95
(320 cal) | 12.95
(480 cal) |
| 26. New York Steak | | 12.95 |

PORK

- | | Mini | Reg. |
|-------------------------------|------|-------|
| 27. Teriyaki Pork Chop | 7.95 | 10.95 |
| 28. Breaded Pork Chop | 7.95 | 10.95 |
| 29. Kalua Pork | 8.55 | 11.95 |



SANDWICHES

Add deluxe: lettuce (1 cal), tomato (3 cal), onion (4 cal) for \$0.75

- | | | |
|---------------------------------------|------|-----------|
| 30. Hamburger | 2.55 | (425 cal) |
| 31. Cheeseburger | 2.85 | (495 cal) |
| 32. Double Cheeseburger Deluxe | 4.95 | (823 cal) |
| 33. BBQ Burger | 2.85 | (430 cal) |
| 34. BBQ Cheeseburger | 3.25 | (500 cal) |
| 35. Double BBQ Cheeseburger | 4.95 | (838 cal) |
| 36. BBQ Chicken Burger | 4.95 | (350 cal) |
| 37. Teriyaki Beef Burger | 4.95 | (280 cal) |
| 38. Fried Fish Burger | 4.95 | |
| 39. Garden Burger | 4.95 | (305 cal) |
| 40. Shrimp Burger | 4.95 | (452 cal) |
| 41. Katsu Burger | 4.95 | (520 cal) |
| 42. Teriyaki Beef Cheeseburger | 5.25 | (350 cal) |



SAIMIN

(Noodle Soup)

Fresh ramen noodles w/ our specially prepared broth.

- | | | |
|-----------------------------|-----------|------|
| 43. Spam Saimin | (503 cal) | 4.95 |
| 44. Teriyaki Saimin | (493 cal) | 7.95 |
| 45. Vegetable Saimin | | 8.25 |
| 46. Aloha Saimin | (653 cal) | 8.25 |



HAWAIIAN BOWL

Your Hawaiian favorite served over a bed of rice - Easy to eat!

- | | | |
|-------------------------------|-----------|------|
| 47. Beef Curry Bowl | (575 cal) | 7.25 |
| 48. Beef Stew Bowl | (555 cal) | 7.25 |
| 49. BBQ Chicken Bowl | (430 cal) | 8.25 |
| 50. Teriyaki Beef Bowl | | 8.25 |
| 51. Katsu Bowl | | 8.25 |
| 52. Shrimp Bowl | (315 cal) | 8.95 |
| 53. Kalua Pork Bowl | (432 cal) | 8.95 |



SIDE ORDERS

- | | | |
|--------------------------------------|-----------|------|
| 54. Macaroni Salad (2 scoops) | (350 cal) | 1.80 |
| 55. Steamed Rice (2 scoops) | (150 cal) | 1.60 |
| 56. French Fries | (450 cal) | 3.25 |
| 57. Egg Roll (1pcs) | | 1.45 |
| 58. Spam Musubi | | 2.85 |
| 59. Katsu Musubi | | 3.85 |
| 60. Chicken Musubi | | 3.85 |



Nutritional information may vary; except for Healthier Plates, calorie counts for plates include protein only but not dipping sauce, dressing, starch and salad items subject to customer choice.

Recommended limits for a 2,000 calorie diet are 20 grams of saturated fat and 2,300 milligrams of sodium.

We use Zero Trans Fat Cooking Oil

Prices subject to change without notice.